

Big Brother Mentor Education Program

Big Brother/Little Brother Session

Online Module Debrief

Roles of a Big Brother

- Serve as a positive role model for their Little Brother
- Support their Little Brothers growth and development
- Help their Little Brother learn about important aspects of the chapter and the inter/national organization
- Serve as their Little Brother's guide during their new member experience, preparing for initiation, and debriefing ritual
- Help their Little Brother create and achieve personal goals

Have you had a mentor?

- Who was their mentor?
- Was it a formalized mentoring relationship?
- What did they gain from being mentored?

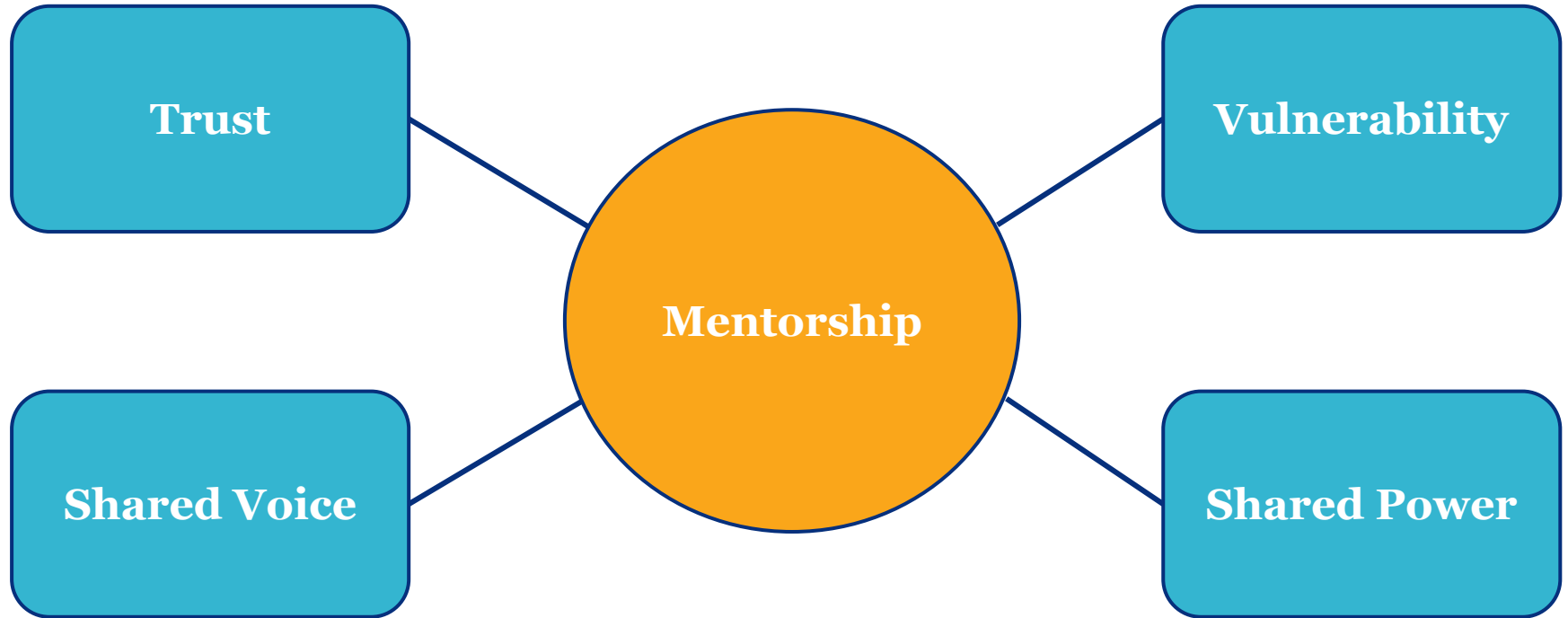


Have you been a mentor?

- Who did they mentor?
- What was the setting or context in which they mentored someone else?
- What did they help their mentor do/achieve/accomplish?
- What did they learn, gain, or accomplish while mentoring someone else?



Key Components of Mentorship



Growing Together Reflection

Big Brother/Little Brother Partner Activity



NIC Big Brother Mentor Education Program Companion Guide Growing Together Reflection

This worksheet should be used to guide reflection and discussion. Big Brother/Little Brother pairs should complete this together to identify how they will both contribute and gain from their relationship.

<i>To be completed by the Little Brother:</i>	<i>To be completed by the Big Brother:</i>
<i>During my time as a collegiate member of my organization, I would like to achieve the following:</i>	<i>I can provide the following support to achieve your aspirations as a collegiate member:</i>
<i>An area I would like to learn more about within my organization is...</i>	<i>I can help you learn about this by...</i>
<i>An area in which I would like to grow or develop is...</i>	<i>I can provide accountability and support for your growth by...</i>
<i>Something I hope to contribute to my relationship with my Big Brother/mentor is...</i>	<i>Something I hope to gain by serving as a Big Brother/mentor is...</i>

Signs of a Healthy Relationship

- A comfortable pace
- Trust
- Honesty
- Independence
- Respect
- Equality
- Kindness
- Take responsibility
- Healthy conflict
- Fun



What are some healthy activities you can do with your Big Brother/Little Brother?

Big Brother/Little Brother Activity Planning



- What do we want to do together this week?
- When are we both available?
- Why are we choosing this activity?
- Does this activity provide us the opportunity to hangout and get to know one another even more?

Non-fraternal Mentorship Reflection



- What topic, skill, or experience am I interested in developing?
- Who do I know that currently knows this information, practices this skill, or works within that area of interest?
- How would I approach this person to share my interest in finding a mentor?

How to Request a Mentor



- What knowledge, skill, or experience am I hoping to gain from the mentorship relationship?
- Why am I interested in them being my mentor?
- What am I looking for in a mentor?



**Thank
you!**

**Questions?
Comments?
Key Takeaways?**